



Open it

1. Do you have a favorite teacher or coach? What did you learn from him?

Daily Devotions

Day 1

Today's Theme: Explore It

Read Hebrews 5:11–14

2. What is the problem the author of Hebrews identifies in his audience?
3. What needs to happen before the audience can become teachers?
4. Who is milk for in the passage?
5. Who is solid food for?

Day 2

Today's Theme: Warning, Warning!

Read Hebrews 5:11

Hebrews is a book that is full of warnings, and we have another one here in Hebrews 5. This warning is essentially saying that if we want to grow in our faith, we have to listen for God's voice. The easiest way to listen to God's voice is if it is something you desire to hear. The author of Hebrews here uses the phrase "dull of hearing" to show disinterest in the Word of God. But why would disinterest be a concern?

"Being **dull of hearing** is not a problem with the ears, but a problem with the heart. The hearer isn't really interested in what God has to say. Not wanting to hear the Word of God points to a genuine spiritual problem... These Christians who felt like giving up with Jesus were also **dull of hearing**. The dullness usually comes first, then the desire to give up. When the Word of God starts to seem dull, we should regard it as a serious warning sign."¹

6. **The author warns against becoming dull of hearing. Are you concerned that you fall into this category? Why or why not?**

7. **How can we know whether we are growing in our faith?**

¹Enduring Word Bible Commentary. "<https://enduringword.com/bible-commentary/hebrews-5/>"

Day 3

Today's Theme: Back to the Basics

Read Hebrews 5:12–13

Every six months, one of my least favorite times of year comes around—Daylight Savings. There is always confusion on which weekend it is, when during the weekend it is, did I change this clock or not? But the hardest part is when you get into your car the first time after daylight savings and your car is off by an hour.

This is the worst, because it's not easy to change a clock while you are driving, especially when you don't regularly change it. I always find myself changing the radio settings by accident before I finally come to the conclusion that I don't remember how to change my clock. After some inconvenience, I finally find time to figure out how to change the clock by going back to the basics.

I reach into my glove compartment and pull out the trusty owner's manual. The owner's manual has everything you need. Everything from the engine to the clock. Our Christian faith is the same way. If we want to discover the basics, all we have to do is get out our trusty Bibles. And if we dive deep, there's way more stuff than that.

8. Identify the basics of the Christian faith. What do we need to understand before we get into deeper things?

9. What does it look like to be "skilled in the word of righteousness"?

Day 4

Today's Theme: Grow as We Go

Read Hebrews 5:14

After we regularly spend time in God's Word, we will naturally begin to grow. A natural part of developing our faith is to be moving toward deeper topics that will give us a greater love for God's word. If these bigger concepts are draining, we probably aren't handling them right.

Oftentimes, we can find some of these topics more fun than the basics. They tend to have an argument or two associated with them and we can gravitate toward conversations that give us the appearance of having a deep faith. But often, we jump into these conversations before we have a firm understanding of the basics. We should be getting to these, but our goal should not be to come off as more intelligent than another, but rather, our goal in exploring these topics should give us a deeper appreciation for who Jesus is and what He has done.

10. What might be some examples of solid food that the author is talking about here?

11. According to the passage, those who eat solid food have the power of discernment. Why might discernment be a valuable benefit of a mature faith?