



Open it

1. What is one thing you look forward to about being an adult?

Daily Devotions

Day 1

Today's Theme: Explore It

Read Hebrews 6:1–12

2. What are the elementary doctrines of Christ mentioned in the passage?
3. Why is it impossible for some to be restored to repentance?
4. What analogy is used to help illustrate this passage?
5. What is the author of Hebrews sure of for these Christians?
6. How does Hebrews' author expect his audience to continue in their faith?

Day 2

Today's Theme: Time to Grow Up

Read Hebrews 6:1–3

. אתה לא מבין את זה .

Do you have any idea what that means? Probably not. My guess is you don't know what it means because you have no idea what the symbols are or what they sound like.

In our early days of school, we learn something that we use on a daily basis— the alphabet. I bet you can hardly remember a time when you didn't know the 26 letters of the English language. It's become such an integrated part of your life at this point that you don't even think about it, yet you use it all the time. You're even using it right now!

As children, we had to learn the alphabet so that we could know and understand how letters looked, sounded, and interacted with each other so that down the road we could learn how to form these letters into words and sentences so that we can read, write, and communicate with each other. Without knowing the alphabet, you would have no way of understanding what these letters mean put together on this page.

Just like there are elementary things we learn in school, there are elementary or foundational things in our faith as well. Things that are important and necessary for us to learn and master, but things that we should build on as we grow to spiritual maturity. It would be a bit concerning if a baby grew up but never started eating solid food. As a matter of fact, it would probably stunt their growth.

It's important for us to continue growing in our spiritual lives as well. As we grow we will come to understand deeper teachings from the Bible, we'll begin to "master" different components of living the Christian life, and we will begin to grow stronger in our walk with Jesus. These are all parts of growing up spiritually!

If you aren't able to look back over the past year or so of your life and see a difference in growth spiritually, you should probably stop and evaluate to see if you are taking in the appropriate spiritual "diet" to help you grow.

7. What are some things that show you are growing up as a person? What are some things that show you are growing spiritually?

8. What would you say are some of the "elementary" truths or the building blocks of our faith?

Day 3

Today's Theme: Be Fruitful

Read Hebrews 6:4–10

These verses might be some of the most difficult verses to understand in the whole New Testament! Do they teach us we can lose our salvation as Christians? Should we be afraid that we might not be saved? Is it talking about people who just say they are Christians but aren't really? There are lots of different opinions to these questions for sure. But when we read verses 7–8, it helps us understand the main idea of what we are supposed to understand about this passage. When you boil it all down it comes to this: are you producing fruit or weeds?

Multiple times in the book of Hebrews we've been told something like, "We have come to share in Christ, if indeed we hold our original confidence firm to the end." In other words, stick with it! Keep pursuing Jesus, keep growing in your faith, keep asking questions, keep following Jesus. Keep producing FRUIT!

Verses 7–8 give us this picture of two fields. Both fields are owned by a farmer who wants to grow some crops to feed his family and make a living. So he cultivates the field and plants the seeds in both fields. After the seeds are planted, the rain comes and falls equally on both fields. After some time, plants start growing in each field. In one field a good, healthy crop grows up and because of that, that field was blessed by God. In the other field, that received all the same things as the first, weeds (thorns and thistles) started growing and that field was deemed worthless and the end of that field was that the crops were to be burned.

So here's the point: be the person who grows and produces good fruit.

9. What is spiritual fruit? How do you know if you are producing good fruit or bad fruit?

10. When you look at your life, what fruit do you see? What does this tell you about what kind of "field" you are?

Day 4

Today's Theme: Be Diligent

Read Hebrews 6:11–12

As we grow up from being a kid to an adult, there are times when we want to enjoy all the freedoms of adulthood but don't really want all the responsibility of adulthood. There is this idea that we should enjoy being a kid while we still can. And there's not really anything wrong with that. But it's different when it comes to our spiritual maturity.

There's no law that says that when you've been a Christian for 18 years then you're officially an adult. We grow to spiritual maturity at different rates, some mature faster than others. For that reason, our "desire is for each one of you to show the same diligence to the very end, so that what you hope for might be realized.."

So how do we grow to spiritual maturity? Let's look at a few ways...

- 1) Be intentional and diligent to seek out the Lord and spend time studying the Bible because that's how He speaks to us!
- 2) Think critically about your faith. Ask difficult questions and seek out answers to those questions.
- 3) Put your faith into practice. In other words, don't just read the Bible, but do what it says and "so be doers of God's Word, not just hearers of it."
- 4) Find someone who has a relationship with Jesus like you would like to have. Spend as much time with them as you can. Follow their example. Pay attention to what is important to them.

If you want to grow to spiritual maturity, you gotta be diligent in that effort. You could almost say that your level of diligence will be directly tied to your level of growth.

11. On a scale of 1–10, one being not at all and ten being the most, how diligent would you say you are at pursuing spiritual growth? What things demonstrate that diligence in your life that would show someone you are being diligent?

12. What is something in your life that is holding you back from growing spiritually? What can you do today to address this roadblock in your life?